

HOW TO KNOW WHEN TO HAVE YOUR CHILD EVALUATED:

1. What has led you to ask this question now?

- Is this a reaction to something specific that happened recently?
- Did your child's teacher suggest that you get an evaluation?
- Or has your child brought up concerns about school or a change that he/she has experienced?
 - Thinking about this ahead of time can help you describe your concerns to the school or to another child specialist.

2. How long have you been concerned? All children struggle

sometimes. Usually, those difficulties don't last more than a month or two.

- Have you been troubled for a while, or are your concerns very recent? Extra help and support from a teacher or parent can get things back on track. Sometimes, however, a child will continue to struggle far beyond a few weeks.
- Have you talked to other caregivers, teachers, or your pediatrician?
- Has therapy been recommended (and/or utilized in the past?)
- Have teachers made accommodations already?
- How is your child responding to these interventions? If not well - an evaluation could be a good next step.

3. How are your child's challenges getting in the way at school?

Be as accurate as possible when answering this question for yourself.

- Is your child having difficulty with a specific academic skill, like reading, math, or writing?
- Are things like planning, organization or following directions hard for her?
- Is she/he struggling socially? Is he/she having trouble concentrating in class?

4. Are the challenges affecting your child in multiple settings?

- Have you noticed the same kinds of difficulties at home and at school?
- Have you heard about the same kinds of challenges from multiple teachers?
- Does your child seem to struggle in the same areas from year to year, even with different teachers and classmates?
 - These questions can help you think about other factors that might be causing the challenges. Maybe your child is having difficulty with a teacher, coach, or with another peer. Perhaps the difficulties are situational.
 - On the other hand, if any challenges exist in more than one setting - an evaluation to rule out any learning, behavioral, socio-emotional or attentional issues is a good idea.

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Bareiter Counseling Center

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Evaluations • Therapy • Parenting



Areas of Expertise:

- Infant/Toddler Mental Health
- Neurodevelopmental Eval.
- Psychoeducational Evaluations
- Parenting
- Autism Concerns & related
- Social Difficulties
- ADHD / ADD
- Behavior Concerns
- Sleep Issues
- Feeding Difficulties
- Habit Disorders (Tics, etc.)
- School Adjustment Problems
- Selective Mutism
- Anxiety
- Loss and Grief Concerns

Assessments Given: Autism

Spectrum including early diagnosis, ADHD, Developmental Disabilities, Learning Disabilities, Mood/Anxiety/Depression, Kindergarten Readiness, Academic Achievement, Developmental progress for infants and toddlers

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